



FCA Association

Who are we? And what do we do?

Our history

And who are we today

Back in late 2021 five of our founders couldn't find many sports activities for Poles in Falkirk, Bathgate and Whitburn area. They felt a bit depressed, some had addiction history. To not fall into bad habits, they decided to start a football group. It was a stunning success, given that it offered not only sports, but also socialising. People made friends, families met.

Today we are an active, primarily football group, which has about 300 members. We have three football trainings a week and two teams in Soccersixes Sunday league in Falkirk. Many of us found new friends. We are planning for a hiking, DIY, chess and women football section. We have done a lot of charity and socialising events. Through our group we have also integrated with locals and this tremendously helped removing the feeling of loneliness and removed cultural barriers. In some cases helped in finding better jobs.

We are open for anyone to join.



Our activities

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Sports and socialising:

- Football trainings (3x a week; about 60 people attend each week)
- Sunday league (20-30 people attend each week)
- Watching football games (regular events, especially when Poland is playing)
- Hiking (we have 5 active hikers atm)
- Barbecues (3 done so far, with about 30-40 people in attendance)

Charitable events:

- The Great Orchestra of Christmas Charity
- Collecting money for our friends in need, providing support
- Charytatywny Bal Dla Romusia (Charity event for an a severely ill Polish kid)
- Fundraising for Falla Hill primary school (collecting cans)
- Cooperation with local Polish schools

Some photos



Currently we are fundraising for Falia hal primary school to take the kids out on trips and give them treats (eg Easter eggs). We are doing this by collecting aluminium drinking cans (soft drinks, beer etc). The aim is to collect 33,000 cans which is approx half a tonne. We have 9,000 cans so we are getting very close to a third of the way there. If you can help, please collect your cans, crush them and place them in a bag. I'm happy to collect from anyone on a Wednesday night at football. Let me know if you need more info.

Ross

Ross

Witam wszystkich,

Obecnie zbieramy fundusze dla szkoły podstawowej na wózek Falia, aby zabrać dzieci na wycieczki i obdarowywać je smakołykami (np. jajkami wielkanocnymi). Robimy to poprzez zbieranie aluminiowych puszek po napojach (napojach bezalkoholowych, piwie itp.). Celem jest zebranie 33 000 puszek, czyli ok. pół tony. Mamy 9000 puszek, więc zbliżamy się do jednej trzeciej drogi do celu. Jeśli możesz pomóc, zbierz swoje puszkę, zmiażdż ją i umieść w torbie. Z przyjemnością odbiorę od każdego w środowy wieczór w piasek nożny. Daj mi znać, jeśli potrzebujesz więcej informacji.

Ross

Ross



Our plans

Sports and socialising:

- We'd like to open up to youngsters and run integrated Scottish and Polish young teams (or Eastern European and Polish)
- We'd like to open up tournaments with family events to activate more people and remove the feeling of isolation
- We'd like to start more groups, not only focused on sports
- We'd like to integrate better with local schools, councils and companies
- We have an ambition to offer addiction counselling through sports
- We are also open for suggestions, as we have a very active and willing to help group of people

Charitable events:

- We'd love to run more events to help people in need in West Lothian and surrounding areas
- We plan to cooperate with other charities and companies working for the better good of Scottish people and immigrants
- We'd like to help to integrate more Eastern Europeans and help them to settle in Scotland

How to find us?

Yes, we are really active
on social media!

- [TikTok](#)
- [Facebook](#)
- [YouTube](#)
- [Instagram](#)
- [Our Website](#)

Or email one of our
chairman's via our
website.

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Thank you very much!